



**PEAK
ADVENTURE
TOURS PRIVATE LTD.**

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Kalindikhal; Trekking Equipments List

Duffel bag	Down/synthetic camp booties
Sunglasses	Light gloves
Sleeping bag	Flashlight/Headlamp with extra batteries
Sleeping bag liner	Camera
Daypack	One liter water bottles wide mouthed
Trekking Boots	Water purification/filter
Camp shoes/sneakers	Pee bottle
Tevas and/or sandals	Film
Cotton socks	Note book with pens and pencils
Gore-Tex jacket	Lip balm
Light wind jacket	Sunscreen / Moisturiser
Down jacket/vest	Camp towel/towel/sarong
Fleece jacket/vest	Personal toiletries
T-shirts	Personal medicines
Underwear	Money pouch/belt
Trekking pants	Energy bars
Thermal tops	Vitamin tablets
Thermal bottom	Extra passport photos
Warm hat	Bandana/scarf
Sun hat/baseball cap	Wind- and rain-gear with hood
Swiss Army Knives (Classic pocket tool)	Neoprene Supports
Two cotton shirts/T-Shirts	One warmer (jacket with hood)
One pair cotton trousers or shorts	Walking stick / Trekking pole
A raincoat is necessary to meet uncertainties of weather	

At Last, Just Carry Lots of Enthusiasm.....

***Arun K. Joshi
(Trip Advisor)***