

Kalindikhal Trekking Equipment List

1. Equipment Recommended to be taken on Trekking-
2. Hat sun, Hat cold
3. Head torch/torch, spare batteries/bulbs, light stick
4. Neckerchief, sunglasses, sun block lip balm.
5. Thermal vest
6. Fleece
7. Down jacket
8. Gortex Jacket/Trousers
9. Windproof smock
10. T-shirts
11. Gloves
12. A complete set of clothes to keep for changing into during evening (keep dry)
13. Base camp shoes/trainers
14. Trek Trousers
15. Shorts
16. Socks
17. Underwear
18. Boots / gaiters, spare laces, waterproof cream
19. Trainers
20. Sleeping bag / liner
21. Sleep mat
22. Penknife
23. Camel pack! drinks system
24. Leki walking pole
25. Games (cards - pigs)
26. Waterproof liner (rucksack)
27. Water proof cover (rucksack)
28. Exped Rucksack
29. Day sac
30. Compass
31. Crampon
32. Short sealing
33. Gps/altimeter
34. Sewing kit